



Come to the Philip LeBoutillier, Jr  
Boathouse in International Park

Find out what **Rowing** is all about

National champions - Experienced Instructors

## National Learn To Row Day

Saturday, 4 June 2011

8:13 am - 12:18 pm

**Show up anytime in the morning**

Tour the boathouse; get acquainted with the lingo.

Learn the basics of the rowing stroke on the Indoor Rowing Machine

Test those new skills in an Alden Shell - on the end of a tether

Ride along in an 8-man shell with 6 experienced rowers

**National Learn To Row Day** is FREE!

You read that correctly - **No charge!!**

## SUMPRO - Session I

Four weeks: Monday - Thursday

Starts: Monday, 6 June 2011

5:28 pm to 7:03 pm

Sweep Rowing - one oar per person

Come two, three, or all four days each week

Instruction fee: \$105.00



## SUMPRO - Session II

Four weeks: Monday - Thursday

Starts: Tuesday, 5 July 2011\*

5:28 pm to 7:03 pm

Sculling - two oars per person

Come two, three, or all four days each week

Instruction fee: \$105.00



\* Because of July 4th holiday, Tuesday thru Friday the first week!

**To register for SumPro go to [www.toledorowing.org](http://www.toledorowing.org), click on Learn To Row**